

First Things First supports early childhood programs in Arizona through grants to community organizations that provide services—at no cost—for young children from birth to age 5 (before kindergarten) and their families.

The boundaries of the First Things First Cocopah Tribe Region match those of the Cocopah Reservation. The Reservation is comprised of three noncontiguous regions: East, North and West Reservations.



GET THIS INFO ONLINE:

[FirstThingsFirst.org / Find-Programs](https://FirstThingsFirst.org/Find-Programs)



Parenting

There's no one right way to raise a child, and you don't have to be perfect. These programs are here to help you learn effective ways to support your child's healthy development and learning.

Parenting Activities

Participate in family-friendly workshops, classes, story times and other events to have fun with your child, learn more about child development, positive parenting, health and literacy, and meet other parents.

Home Visiting Programs

Work 1-on-1 with a trained and caring parent educator, in the convenience of your own home, to build on the parenting skills you already have and nurture your child's health, development and learning.

**Let's Cook, Let's Eat, Let's Play
Cocopah Indian Tribe - Tribal Health and
Maintenance Program (THMP)**

Josefina Chavez | (928) 627-2681
chavezji@cocopah.com

**Cocopah Early Steps Program
Cocopah Indian Tribe**

Christina Ross | (928) 772-7546, (928) 210-7130
rossc@cocopah.com



Quality Child Care and Preschool

Quality early learning programs help young children learn, grow and thrive. Cocopah Head Start participates in Quality First to improve the quality of early learning for kids from birth to age 5.

Summer Transition to Kindergarten

Helps children who may not have had any preschool experiences and their families to prepare for the transition to kindergarten.

QUALITY FIRST
FIRST THINGS FIRST

Learn more and find programs near you at: QualityFirstAZ.com

Transition to Kindergarten Program

Ana Bribiesca | (480) 362-2400
ana.bribiesca@asu.edu



Birth to Five Helpline

A free service available to all Arizona families with young children, (as well as parents-to-be), who have questions about their baby, toddler or preschooler. Ask experts about your child's feeding, sleep, behavior or any other concern. The Birth to Five Helpline is here to help.

**Birth to Five
HELPLINE**
"Nothing Out of the Question"

Southwest Human Development

1-877-705-KIDS (5437)
birthtofivehelpline.org

Cocopah Tribe Region
For more information
contact:

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