

First Things First supports early childhood programs in Arizona through grants to community organizations that provide services—at no cost—for young children from birth to age 5 (before kindergarten) and their families.

The Phoenix North Region is primarily the city of Phoenix north of Thomas Road. The region also includes the unincorporated communities of Anthem and New River to the north.



GET THIS INFO ONLINE:

[FirstThingsFirst.org / Find-Programs](https://www.FirstThingsFirst.org/Find-Programs)



## Parenting

There's no one right way to raise a child, and you don't have to be perfect. These programs are here to help you learn effective ways to support your child's healthy development and learning.

### Parenting Activities

Participate in family-friendly workshops, classes, story times and other events to have fun with your child, learn more about child development, positive parenting, health and literacy, and meet other parents.

### City of Phoenix Library Early Literacy Program City of Phoenix Library

Kathleen Harris | (602) 534-2740  
[kathleen.harris@phoenix.gov](mailto:kathleen.harris@phoenix.gov)

### Family Resource Centers

Bring your children and take classes and workshops from trained parent educators, connect with community resources and more, all in one convenient location.

**Phoenix Families First Center  
at Beuf Community Center**  
(602) 376-2608 | [mailbox.youth@phoenix.gov](mailto:mailbox.youth@phoenix.gov)

**Creighton Family Resource Center**  
(602) 381-4605  
[FamilyResourceCenter@creightonschools.org](mailto:FamilyResourceCenter@creightonschools.org)

**Deer Valley Family Resource Center  
at Copper Creek Elementary**  
(623) 376-3975 | [dawn.sears@dvusd.org](mailto:dawn.sears@dvusd.org)

**Deer Valley Family Resource Center  
at New River Elementary**  
(623) 376-3546 | [dawn.sears@dvusd.org](mailto:dawn.sears@dvusd.org)

### LSS Family Resource Center Central Phoenix at Chris-Town YMCA

(602) 501-8840 | [jlugo@lss-sw.org](mailto:jlugo@lss-sw.org)

**LSS Family Resource Center Sunnyslope  
at Trinity Lutheran Church**  
(602) 501-8652 | [mmeza@lss-sw.org](mailto:mmeza@lss-sw.org)

**Paradise Valley Family Resource Center**  
(602) 449-7414 | [FRCinfo@pvschools.net](mailto:FRCinfo@pvschools.net)

**Washington Resource Information Center  
at Ocotillo Elementary**  
(602) 347-2422  
[enriqueta.disanto@wedsd.schools.org](mailto:enriqueta.disanto@wedsd.schools.org)

### Home Visiting Programs

Work 1-on-1 with a trained and caring parent educator, in the convenience of your own home, to build on the parenting skills you already have and nurture your child's health, development and learning.

### Parent Partners Plus

(602) 633-0732

### Family Friend and Neighbor Caregivers

Many children spend parts of the day with non-parent caregivers in informal home settings. Learn how you can better support the health, development and learning of the young children in your care through health and safety practices, educational activities and understanding more about child development.

### Arizona Kith and Kin Project Candelen

Kavita Bernstein  
(928) 223-7409 | [kbernstein@candelen.org](mailto:kbernstein@candelen.org)

## Find Help Phoenix

Strengthens families of young children by providing information on free or low-cost resources in Maricopa County.

**Find Help Phoenix**  
[FindHelpPhx.org](http://FindHelpPhx.org)



## Child Health and Development

All children develop differently, but it helps to know if they're meeting typical milestones or could use extra assistance, and many medical and dental problems can be prevented.

### Dental/Oral Health

Prevent tooth decay by having a professional check your child's teeth (or yours, if you're pregnant), protect your child's teeth with fluoride, and get a referral to a dentist if you need one.

**First Teeth First**  
**Maricopa County Department of Public Health**  
Berenise Bauer | (602) 372-4650  
[Berenise.Bauer@maricopa.gov](mailto:Berenise.Bauer@maricopa.gov)

### Developmental and Sensory Screening

Have your child checked for vision, hearing or developmental concerns (including communication, social-emotional, problem-solving and motor skills) and, if needed, get a referral for further evaluation or support.

**BASICS Hearing and Vision Screening Program**  
**The EAR Foundation of Arizona**  
(602) 904-6344  
[BasicsFTF@earfoundationaz.com](mailto:BasicsFTF@earfoundationaz.com)



## Quality Child Care and Preschool

Quality early learning programs help young children learn, grow and thrive. More than 1,000 child care centers, homes and preschool programs in Arizona participate in Quality First to improve the quality of early learning for kids from birth to age 5. Many offer Quality First Scholarships to help low-income families afford quality early care and education.



Learn more and find programs near you at: [QualityFirstAZ.com](http://QualityFirstAZ.com)



## Birth to Five Helpline

A free service available to all Arizona families with young children, (as well as parents-to-be), who have questions about their baby, toddler or preschooler. Ask experts about your child's feeding, sleep, behavior or any other concern. The Birth to Five Helpline is here to help.



**Southwest Human Development**  
1-877-705-KIDS (5437)  
[birthtofivehelpline.org](http://birthtofivehelpline.org)

**LEARN MORE**

<https://www.firstthingsfirst.org/regions/phoenix-north/>  
(602) 771-5100

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*Space may be limited and eligibility requirements may apply. While this listing only includes programs funded by First Things First, many of them can connect you with additional services that might be right for you.*

*In accordance with the Americans with Disabilities Act, First Things First (FTF) will not discriminate on the basis of disability in its services, programs or activities. Qualified individuals with disabilities may request auxiliary aids and services to make information and communications accessible as well as request reasonable modifications to policies and programs so that they can participate equally in FTF's services, programs and activities. For assistance, contact FTF at (602) 771-5057. This document was last modified on 06/15/2022.*