

First Things First supports early childhood programs in Arizona through grants to community organizations that provide services—at no cost—for young children from birth to age 5 (before kindergarten) and their families.

The boundaries of the San Carlos Apache Region are defined to be those of the San Carlos Apache Indian Reservation.



GET THIS INFO ONLINE:

[FirstThingsFirst.org / Find-Programs](https://FirstThingsFirst.org/Find-Programs)



Parenting

There's no one right way to raise a child, and you don't have to be perfect. These programs are here to help you learn effective ways to support your child's healthy development and learning.

Parenting Activities

Participate in family-friendly workshops, classes, story times and other events to have fun with your child, learn more about child development, positive parenting, health and literacy, and meet other parents.

Early Literacy Programs

Gila County Library District

Elaine Votruba | (928) 402-8768
evotruba@gilacountyaz.gov
jgriffin@gilacountyaz.gov



Child Health and Development

All children develop differently, but it helps to know if they're meeting typical milestones or could use extra assistance, and many medical and dental problems can be prevented.

Developmental and Sensory Screening

Have your child checked for vision, hearing or developmental concerns (including communication, social-emotional, problem-solving and motor skills) and, if needed, get a referral for further evaluation or support.

Developmental and Sensory Screening

University of Arizona Cooperative Extension, Gila County

Pam Trobaugh | (928) 978-3405
ptrobaugh@arizona.edu

Nutrition and Physical Activity

Participate in a series of fun classes to be more informed about nutrition and wellness and help motivate your family to eat healthy and be physically active.

Nutrition and Physical Activity Program

University of Arizona Cooperative Extension, Gila County

Melody Thomas | (928) 475-2350 |
(928) 978-2620 |
mgthomas@arizona.edu



Quality Child Care and Preschool

Quality early learning programs help young children learn, grow and thrive. More than 1,000 child care centers, homes and preschool programs in Arizona participate in Quality First to improve the quality of early learning for kids from birth to age 5. Many offer Quality First Scholarships to help low-income families afford quality early care and education.



Learn more and find programs near you at: QualityFirstAZ.com



Birth to Five Helpline

A free service available to all Arizona families with young children, (as well as parents-to-be), who have questions about their baby, toddler or preschooler. Ask experts about your child's feeding, sleep, behavior or any other concern. The Birth to Five Helpline is here to help.



Southwest Human Development
1-877-705-KIDS (5437)
birthtofivehelpline.org

San Carlos Apache Region
For more information contact:

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Regional Director
(928) 425-8172 | lbeatty@firstthingsfirst.org

Veronica Gossett
Community Outreach Coordinator
(928) 425-8172 | vgossett@firstthingsfirst.org

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Space may be limited and eligibility requirements may apply. While this listing only includes programs funded by First Things First, many of them can connect you with additional services that might be right for you.

In accordance with the Americans with Disabilities Act, First Things First (FTF) will not discriminate on the basis of disability in its services, programs or activities. Qualified individuals with disabilities may request auxiliary aids and services to make information and communications accessible as well as request reasonable modifications to policies and programs so that they can participate equally in FTF's services, programs and activities. For assistance, contact FTF at (602) 771-5057. This document was last modified on 08/24/2022.