FIRST THINGS FIRST Family Guide

Yavapai Region

First Things First supports early childhood programs in Arizona through grants to community organizations that provide services—at no cost—for young children from birth to age 5 (before kindergarten) and their families.

The Yavapai Region includes all of Yavapai County, plus the part of the city of Sedona that lies in Coconino County. The Yavapai-Apache Nation is included in the Yavapai Region.

FIND PROGRAMS

GET THIS INFO ONLINE:

FirstThingsFirst.org / Find-Programs



Parenting

There's no one right way to raise a child, and you don't have to be perfect. These programs are here to help you learn effective ways to support your child's healthy development and learning.

Parenting Activities

Participate in family-friendly workshops, classes, story times and other events to have fun with your child, learn more about child development, positive parenting, health and literacy, and meet other parents.

Family Support - Children with Special Needs

Get individualized support and coaching to help you identify and address developmental concerns early, respond to challenging behaviors, and support your child's physical, social and emotional development.

Home Visiting Programs

Work 1-on-1 with a trained and caring parent educator, in the convenience of your own home, to build on the parenting skills you already have and nurture your child's health, development and learning.

Family Education and Support Services Program Arizona's Children Association Jennifer Booth | (928) 443-1991 x 2040 jbooth@arizonaschildren.org

Little Learners High Country Early Intervention Sherie Gifford | (928) 776-9285 sherie@hceip.org

Parents as Teachers Arizona's Children Association Julie Daly | (928) 443-1991 x 2010 jdaly@arizonaschildren.org

Healthy Families Valley Verde Medical Center Susan Lacher | (928) 639-6566 susan.lacher@nahealth.com



Quality Child Care and Preschool

Quality early learning programs help young children learn, grow and thrive. More than 1,000 child care centers, homes and preschool programs in Arizona participate in Quality First to improve the quality of early learning for kids from birth to age 5. Many offer Quality First Scholarships to help low-income families afford quality early care and education.



Learn more and find programs near you at: QualityFirstAZ.com



Birth to Five Helpline

A free service available to all Arizona families with young children, (as well as parents-to-be), who have questions about their baby, toddler or preschooler. Ask experts about your child's feeding, sleep, behavior or any other concern. The Birth to Five Helpline is here to help.



Southwest Human Development 1-877-705-KIDS (5437) birthtofivehelpline.org

Yavapai Region *For more information contact:*

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Space may be limited and eligibility requirements may apply. While this listing only includes programs funded by First Things First, many of them can connect you with additional services that might be right for you.

In accordance with the Americans with Disabilities Act, First Things First (FTF) will not discriminate on the basis of disability in its services, programs or activities. Qualified individuals with disabilities may request auxiliary aids and services to make information and communications accessible as well as request reasonable modifications to policies and programs so that they can participate equally in FTF's services, programs and activities. For assistance, contact FTF at (602) 771-5057. This document was last modified on 05/13/2021.